## Class Descriptions and Publicity info for Gualala Arts May 2 thru July 20, 2023

• 5 - 6 pm, 1st and 3rd Thursdays of the Month, beginning May 2. [Note: This class would be every other week, alternating with Voice Class (below).]

**Movement Class -** a Full Body warm up class, all physical considerations welcome, but would be more of an informational & observational class for those with specific disabilities- (you would still learn a lot from observing and modifying movements as needed). For more physically able bodies, this class is about breaking a sweat through play, character building techniques and learning through observing characters in the real world while learning new languages to describe movement. Examples are Laban, ViewPoints / Suzuki, Brechtian Gesture techniques. This can be taken as an exercise class with no intention of performing or as a great warm up for the Acting class following.

• 5 - 6 pm, 2nd and 4th Thursdays of the Month, beginning May 2. [Note: This class would be every other week, alternating with Movement Class (above).]

**Voice Class** - looking at the voice as a group of muscles that require exercise and training to strengthen. So this is designed as a vocal alignment and basic workout using theater and performance techniques, lending itself toward a vocal performance, but could be taken as an informational course to better understand the voice as an instrument without intention of performance. This can be taken as a vocal exercise class with no intention of performing or as a great warm up for the Acting class following.

## May 4 thru July 20, 2023

6:15 - 8 pm Every Thursday of the Month starting May 4th

**Acting / Theater Class -** Beginning with Script Analysis and Research, this class teaches you how to read a script or piece of text using theater techniques from Uta Hagen, Sanford Meisner, and master theater professors, bring characters to life and create the world of the script from the page to auditioning for the stage to becoming a working actor and earning a wage. This class will have a showcase performance of the class work in late July, but it is not mandatory for participation.

A complete list of requirements, materials and tuition costs are available at GualalaArts.org. Please see Bryn Elizan Harris at first class orientation to receive all student punch cards, (pre-registered and drop ins)