## Welcome to a Gualala Art's workshop

Workshop name	Yoga in the Redwoods
Dates	Friday, Saturday, Sunday March 16, 17,18, 2018

- Payments can be refunded until the "register by" date; after that date, no refunds
- If the class does not fill, you will receive a full refund.

Please check that your class has filled before the first meeting date.

If you would like to receive monthly workshop email announcements, please go to our website, GualalaArts.org. Go to the left menu and click "Email sign up." After signing in with your current email address, instructions will be mailed to you for updating your email choices. If you need information on food and lodging in the Gualala Area, go to our website and look under "Visitor Info".

## **Materials list**

Yoga materials