

Mixed Media Abstract Painting and Drawing Supply List

For Oil Painters:

- 2 Arches Oil Paper pads —12x16"
- 1" blue painter's tape
- assortment of oil paints—see color suggestions at the end of this list
- solvent (Gamsol recommended) and a jar with lid to put it in or other preferred solvent such as vegetable oil or orange solvent (Citra-Sol, etc.)
- Dorland's or Gamblin Cold Wax Medium (approximately 16 oz)
- 2-3 palette knives (trowel type blade)
- 12"x16" or larger paper palette or a roll of freezer paper--larger sizes recommended
- 4" soft rubber brayer Speedball or Inovart plus other brayers you find useful--1 1/2" and 2" or 3"
- dough/bowl silicon scraper--Messermeister recommended--available from Amazon. Also 2", 3" or 4" Colour Shapers are useful. Available from Jerry's Artarama. Bring them if you have them.
- a roll of paper towels--blue automotive towels recommended--available at Costco, other locations
- brushes--old ones are fine, I like 2"-4" flat cheap bristle brushes from the paint section of the hardware store
- photos or sketches for inspiration--notebook or sketchbook
- R&F pigment sticks—Please bring any you have. There will also be pigment stick samples in class for you to use.
- ArtGraf carbon tailor's square—one black or set of three
- assorted colored pencils—any you already have
- protective gloves—we'll be finger painting!
- wax paper for protecting wet work when taking it home

For Acrylic or Gouache Painters:

- * 2 large pads heavy 140-300 water color paper (sizes vary, but any close to 12 x 16" preferred)
- 1" blue painter's tape
- assortment of paints—see color suggestions at the end of this list
- water containers
- acrylic matte medium (gel preferred)
- 12x16" or larger paper palette or a tool of freezer paper for a disposable palette
- 4" soft rubber brayer—Inovart recommended, but Speedball soft brayers are fine—optional other sizes include 1 1/2", 2" and 3"
- Messermeister dough.silicon bowl scraper—these are available on Amazon or directly from Messermeister—any color Colour Shapers 2', 3' or 4" may be substituted—available from Jerry's Artarama
- roll of paper towels— blue automotive paper towels recommended
- assortment of brushes—flats and brights are best—
- set of chip brushes available from paint section of hardware stores—6 brushes 2"-4"
- photos or sketches for inspiration--notebook or sketchbook
- ArtGraf carbon tailor's square—one black or set of three
- assorted colored pencils—any you already have

- assorted crayons and/or pastels
- protective gloves—we'll be finger painting!
- wax paper for protecting work when taking it home

Materials addendum:

Color suggestions—Using the Zorn Palette

I use a color palette called the Zorn (after painter Anders Zorn) or Antiquity palette.

It is a variation on traditional three color palettes of red yellow and blue. The colors in the Zorn are designed to create a sophisticated muted palette. The basic Zorn or antiquity palette consists of four colors: a red, an ochre, a white and a dark blue or black. The expanded Zorn palette adds cerulean blue and viridian green.

Sample Zorn palette using Gamblin oil paints:

Perylene Red
 Gold Ochre
 Titanium White
 Ivory Black or Payne's Gray

Cerulean Blue Hue
 Viridian

Sample Zorn Palette using Golden Open acrylics

Cadmium red medium
 Ochre
 Titanium White
 Ivory Black

Cerulean Blue Hue
 Viridian

This basic palette forms a beautiful base for whatever colored media you may want to add to it—oil pigment sticks, colored pencils, crayons, tinted tissue paper, or dry pastels.

Additional paint colors may depend on what specifically works for you—For oil paint, I like Gamblin Radiant Violet, Warm Portland Gray, Cool Portland Gray and Titanium Buff, Sennelier Warm Gray, Chinese Orange and Indigo. As you work you will find colors that directly speak to you.

For acrylics, I prefer Golden Open acrylics for the extended painting time, although mixing acrylic paint with extender works well, too. Additional colors I like are Indian Yellow Hue, Payne's Gray, Van Dyke Brown, Titanium Green Pale, Titanium Buff and Quinacridone Magenta.