

# L e c t u r e s

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## BONES AND JOINTS WITH DAVID GOHEEN

Monday, November 2, 2009, 7:00 p.m.  
Admission is \$5

If you Google "arthritis" on the Internet, you'll get about 30 million hits. Finding one's way through the data can be rather challenging. Dr. David Goheen in his November 2, 2009 talk titled "Bones and Joints" hopes to unravel some of the complexity and confusion surrounding this topic.

His lecture will offer valuable information for almost everyone because almost anyone who lives long enough develops a degree of degenerative arthritis. There are many other types of this disease, some of which Dr. Goheen will mention, but pretty much all of them finally result in pain and loss of mobility and limb function due to joint destruction.

David Goheen Some of the interventions he will cover are extremely satisfactory. The most dramatic, joint replacement, is really quite recent, and is among the most common elective surgical procedures worldwide. Though there are controversies among surgeons about details of this surgery, no one questions its usefulness

in the right patient.

Dr. Goheen hopes to shed some light on the causes, prevention and treatment of arthritis. He notes there are quite a few things one can do to prevent and treat this condition. The presentation will cover some treatments that have not been as beneficial as once thought and others that were considered as ineffective but have merited more consideration.

David Goheen is a retired orthopedic surgeon who resides on The Sea Ranch with his wife, Carrie, and his Portuguese Water Dog, Sofie. After earning a PhD in applied mathematics at UC Berkeley he chose medicine as a career. Prior to becoming Professor of Orthopedic Surgery at UCSF and Staff Officer at John Muir Medical Center, he worked in Graz, Austria and Edinburgh, Scotland.

An admission charge of \$5 will be collected at the door. This is Goheen's second presentation. His last talk was well received and dealt with a brief history of medical charlatanism.



## GRANT WRITING

Gualala Arts has recently formed a committee to focus on matching grant opportunities to the needs of Gualala Arts. We are looking for some additional members for this committee. If you have **experience researching or writing grants**, and have a desire to help Gualala Arts find grant money for needed projects, please contact David Bower, the chair of this committee ([dbower16@aol.com](mailto:dbower16@aol.com) 707-785-9725) or Sharon Nickodem, the co-chair ([sharonnickodem@aol.com](mailto:sharonnickodem@aol.com) 707-884-9611).



THE DOLPHIN GALLERY  
PRESENTS:  
through November 19, 2009

**Margaret Bolt,**  
Ceramics  
**Chris Johnson,**  
Gourds

