

Healthy Aging and The Brain with Susan Marie Landau

Monday, November 3, 2008, 7:00 p.m.

Gualala Arts will host a lecture by Susan Landau on memory loss and the aging brain on Monday, November 3 at 7:00 p.m. A \$5 donation is requested.

There are several types of memory processing, and each shows different patterns of change across the lifespan. Susan will talk about changes in memory that occur during healthy aging and discuss how these are different from changes seen in Alzheimer's disease.

In addition, recent neuroscience research using PET and MRI imaging has made a great deal of progress in understanding brain changes that occur during memory loss. She will also talk about these studies, and describe current evidence for risk factors and protective factors related to dementia.

About Susan Landau



Susan Landau, Ph.D., is a postdoctoral researcher at the Helen Wills Neuroscience Institute at UC Berkeley studying healthy aging, neurodegenerative disease, and brain imaging in the laboratory of William Jagust, M.D.

In her spare time, Susan enjoys playing the piano, yoga, jogging, and hiking along the California coast. She has visited Sea Ranch several times and has great respect for the community and its preservation of the natural beauty of the landscape.

Nilda Callañaupa National Weaver of Peru

Tuesday, November 18, 2008, 7:00 p.m.

On Tuesday, November 18 at 7:00 p.m., Gualala Arts Fiber Arts and Basket Groups will host Nilda Callañaupa, who is a living legend in her native Peru and who was honored with the title "National Weaver of Peru" by the country's president.

After learning about Nilda, local weaver Susan Sandoval aroused the interest of husband John and of Susan Pollard, Susan Grenwelge, and Betsi Carey, all of whom traveled to Peru in May 2007 to see the work of Nilda first hand. She personally took the visitors to seven of the nine native villages that make up a co-op of native weavers. Gualala Arts presented a photo lecture on September 15 about the experience of traveling to Peru.

Now you can spend an evening at Gualala Arts Center with Nilda and one of the weavers from her co-op as they demonstrate traditional Andean backstrap weaving techniques that harken back thousands of years. In addition to the presentation, they will bring a selection of textiles for sale.

Nilda grew up in Chinchero, an Inca city in the Urubamba Valley and an important Inca center not far from Machu Picchu, where she tended sheep and first learned the traditional crafts starting at age six. She worked her way through college at Cusco selling textiles and then founded The Center for Traditional Textiles of Cusco (CTTC).

Her work has been chronicled in a National Geographic article in 2002. Nilda has given weaving demonstrations at the Smithsonian and the American Museum of Natural History. She is coming to Gualala from a lecture at the DeYoung Museum in San Francisco.