

Sketches 6

WORKSHOPS

All workshops are held at Gualala Arts Center unless otherwise indicated.

Register by calling the Arts Center Office at 707-884-1138 weekdays 9 - 4.

For complete details go to the website at GualalaArts.org or call the instructor.

Thanks to Gualala Country Inn for support of the workshop program. Call them at 884-4343 for your reservation.

Churning Up Creativity in Your Photography

Sunday, March 30, 9:00 a.m. - 4:00 p.m.

Susan and Neil Silverman

This will be a fun day of sharing knowledge, and learning new ideas, no matter where you are "traveling"... to Point Arena Pier or Outer Mongolia... you will learn to get photos that will have your friends asking to see more

Italian Lessons

Wednesdays, April 2-June 4, 7:00 p.m.- 9:00 p.m.

Mark Moramarco:

Build your vocabulary and learn the basics of Italian grammar, pronunciation, verbs and Italian conversation. Whether you are planning a trip to Italy, you are a lover of opera, a fan of the Italian cinema, or you love the sound of the spoken language, this course will provide an introduction and overview that will enhance and add delight to your cultural experience. In addition to language study, cultural 'snapshots' will be presented on Italian art, Italian pop culture, music, and Italian cooking!

Culinary Guild: Cooking Classes

Wednesdays, 3:00 p.m. - 5:00 p.m.

April 3, Trinks Chocolate Class

April 10, Roulade

April 17, Indian Cuisine

April 24, Baklava

May 1, Small Plates

Quilt Fusion (PPQG)

Wednesday-Thursday, April 16-17, 10:00 a.m. - 4:00 p.m.

Sue Benner

Can you see quilt composition in your mind, but do not know how to make it? Sue's alternative construction techniques using fusibles were born of this notion, combined with a desire to use her dyed silks and other unruly textiles with more immediacy and spontaneity. She will demonstrate her techniques using an assortment of fabrics including cottons, silks, polyesters, sheers,

and lovely scraps of all kinds. After experimenting with the basics, the participant can choose structured exercises or more open-ended design work. Sue will also show slides of her studio and working process.

Exploring Your Movement Intelligence

Saturday, April 19, noon - 5:30 p.m.

Jamie McHugh

Proprioception (body sensation) is your bodily awareness and the basis of movement intelligence. The five languages of proprioception - Breath, Sound, Contact, Movement and Stillness - are ways to engage in a collaborative dialogue within your own body. This workshop is an experiential overview of these five languages and their application to health and healing. You will leave the workshop with new tools for exploring your movement intelligence and increasing your well-being.

Proprioceptive Photography in Nature: a Body Based Approach

Sunday, April 20, 2:00p.m.- 8:00 p.m.

Jamie McHugh:

Proprioception (body sensation) is your body's felt sense. This workshop focuses on three proprioceptive languages - Breath, Movement and Stillness - for photographing in nature.

Out Of Our Gourds

Saturday, April 26, 10:00 a.m. - 4:00 p.m.

Jim Grenwelge:

Jim Grenwelge will share with you a wide range of techniques he has developed for decorating gourds and wooden objects. If you didn't learn it in summer camp as a youngster, now is the time to develop your skills with the simple wood burning tool.

CLASSES

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Check out the GualalaArts.org website for more details.

Aerobics

Mondays, Wednesdays, Fridays, Saturdays, 8:00 a.m.

Debbie Langwell, 884-5021

Karate Classes for Children

Tuesdays, 4:15 - 5:15 p.m.

Lini Lieberman-Erich, 785-2288

Life Drawing

Wednesdays, 3:00 - 6:00 p.m.

Model is provided (\$5 fee) Tom Warnock, 785-3668

Open Clay Studio

Wednesdays, 10:00 a.m. - 2:30 p.m.

Thursdays, 6:00 p.m. - 9:00 p.m.

Jan Maria Chiappa, 884-3825