

CLASSES

All classes are at Gualala Arts Center unless indicated otherwise.
Check out the GualalaArts.org website for more details.

AEROBICS

Debbie Langwell: 884-5021

Mondays, Wednesdays, Fridays, Saturdays, at 8 a.m. Classes are \$8 each on a drop-in basis, or you can purchase a multiple-pass at a discount.

On Mondays and Fridays there are forty-five minutes of cardio, with a half-hour of stability training. On Wednesdays and Saturdays the classes consist of aerobic and strength training.

KARATE CLASSES FOR CHILDREN

Lini Lieberman-Erich: 785-2288

Tuesdays 4:15 – 5:15 p.m. Cost \$40 per month.

North Coast Martial Arts is continuing the Tang Soo Do Martial Arts classes for kids five years and up. Here they will learn discipline, respect, coordination, and gain self esteem. Call for more information

CERAMIC OPEN STUDIO

Jan Maria Chiappa: 884-3825

Wednesdays from 10 a.m. to 2:30 p.m.

Thursdays 6 – 9 p.m. Drop-In-Open Enrollment.

Members' Single Session \$20, or 6-Session Card for \$100. Non-members' Single Session: \$28.

Maximum: 8 students.

Clay, tools, and teaching support will be available. All skill levels are invited. Bring a bag lunch; beverages will be provided. Call the office at 884-1138 to confirm the class.

LIFE DRAWING

Tom Warnock: 785-3668

Wednesdays, 3 – 6 p.m.

At these informal sessions artists bring their own supplies, and a model is provided for a small fee.

NOTES FROM THE DOLPHIN

by Helen Klembeck, Manager

I love to hear people talk about the latest Dolphin Gallery show, or maybe a new artist in the store, or the fresh look of the gallery and the store, and I appreciate their comments very much. This month, however, I'd like to invite you all to recognize our wonderful volunteer sales and visitor information staff. Over the past year or so, several new volunteers have been trained (bringing us to 30

active and semi-active) and we are enjoying their help throughout each month. With a variety of personal interests, travel plans, family obligations, and other commitments all competing for their time, here they are behind the counter at the Dolphin! They amaze me. Some work as many as four times in a month when other volunteers are away. Sharing their wide-ranging knowledge of this part of California with many grateful visitors is also a part of their work, as the Dolphin is also the local area Visitor Information Center.

Dolphin Volunteers will be the first to tell you they love working at the Dolphin, and that attitude certainly shows! That friendly person behind the counter contributes greatly to the Dolphin's new bright look, not only by their cheerful face but by actively participating in the Dolphin's "adopt-a-spot" program, or some other task needing special attention.



Volunteers select a spot in the store to keep tidy and inviting, such as a display case, a cabinet surface, or even a single shelf or pedestal. Many are in charge of specific duties such as greeting card inventory (Carole Ostrander), volunteer coordination and artist preview pieces (Lee Kosso), artist "bios" (Dot Porter), glass animals (Sonja Thiene), visitor information maintenance (Harriet Wright), Holiday Boutique

design and setup (Jean Whitridge and Susan Sandoval), and even window vs. seagull management (thank you, Dard Hunter!).

A thank-you to Dolphin Volunteers, for all you do to make it all work so well! I am grateful every day for Colby Bibb, Sally Bradley (new), Tom Eckles (new), Ann Graf, Dard Hunter (new), Linda Knebel (welcome back), Lee Kosso, Nancy Kyle (new), Elaine Lawson, Larain Matheson (new), Rose Miglio, Cecilia Moelter, Sharon Nickodem (new), Lynda O'Brien, Clare Olk, Evelyn Oстераas, Carole Ostrander, Dot Porter, Walt & Susan Rush, Susan Sandoval, Connie Schimbor, Barbara Smith, Ellen Soule, Gail Taylor, Sonja Thiene, Shirley Welch, Jean Whitridge, Harriet Wright, and Laura Yale (welcome back)! You're the greatest!