

## CLASSES

All classes are at Gualala Arts Center unless indicated otherwise.  
Check out the GualalaArts.org website for more details.

### AEROBICS

Debbie Langwell: 884-5021

Mondays, Wednesdays, Fridays, Saturdays, at 8 a.m. Classes are \$8 each on a drop-in basis, or you can purchase a multiple-pass at a discount.

On Mondays and Fridays there are forty-five minutes of cardio, with a half-hour of stability training. On Wednesdays and Saturdays the classes consist of aerobic and strength training.

### CERAMIC OPEN STUDIO

Jan Maria Chiappa: 884-3825

Wednesdays from 10 a.m. to 2:30 p.m.

Thursdays 6 – 9 p.m. Drop-In-Open Enrollment.

Members' Single Session \$20, or 6 Session Card for \$100. Non-members' Single Session: \$28.

Maximum: 8 students.

Clay, tools, and teaching support will be available. All skill levels are invited. Bring a bag lunch; beverages will be provided. Beginning in January will be projects to make as gifts for Valentine's Day. Stop by to try out the new slab roller donated by Miriam Owen. Lots of new supplies and equipment from her studio.

### KARATE CLASSES FOR CHILDREN

Lini Lieberman-Erich: 785-2288

Tuesdays 4:15 – 5:15 p.m. Cost \$40 per month.

North Coast Martial Arts is continuing the Tang Soo Do Martial Arts classes for kids. These are on-going martial arts classes for children five years and up. Here they will learn discipline, respect, coordination, and gain self esteem. Call for more information.

### TAI CHI YANG STYLE

Instructor: Linda Reno: 884-4715

Ongoing class every Thursday, 10 - 11 a.m.

Members: \$10 per class or purchase a 6 class card for \$50. Class size: 5 - 20 students.

Tai Chi is taught in comfortable clothing and socks or fabric soled tai chi shoes. Linda J. Reno is a certified teacher in Tai Chi and has taught for many years.

### LIFE DRAWING

Tom Warnock: 785-3668

Wednesdays, 3 – 6 p.m.

At these informal sessions artists bring their own supplies, and a model is provided for a small fee.

### Whale & Jazz Poster Challenge Winners

Eminent local artist Duane Gordon judged the entries for posters for the Whale & Jazz Festival to be held in April. The results: #1 Drew Fagan's "Whale" graphic, #2 Sharon Feissel's "Jazz" photographic montage, and #3 Bruce Jones' "Drums Waiting" watercolor.



### Glass Paintbrush Necklace

\$10 plus tax

Shipping costs if ordered by phone.

All proceeds support Gualala Arts.

There is a story behind this necklace. Sus Susalla and Jan Edwards were standing in the Dolphin talking about the glass water-drop necklaces Jan sells to shops up and down the coast. As they considered the Gualala Arts logo and how to get that on a necklace, Sus got the idea of glass paintbrush. Jan took the idea to McNeil's Glassworks in Fort Bragg. With a bit of fine-tuning on the shape and colors for the brush-tip, apprentices were able to use the design for their work. Each 2 inch long brush is individually made of borosilicate hard glass (Pyrex) with various colored "paint" on the tips. Jan adds the ribbons



and makes the cards as her contribution to Gualala Arts. Check out her line of peace symbols, peace doves and political pins, key chains, and necklaces at Peaceful Jewelry.com.

Pick up several for friends as gifts for Valentine's Day.