

CLASSES

All are at Gualala Arts Center unless indicated otherwise.

AEROBICS

Debbie Langwell: 884-5021

Mondays, Wednesdays, Fridays, Saturdays, at 8 a.m. Classes are \$8 each on a drop-in basis, or you can purchase a multiple-pass at a discount.

On Mondays and Fridays there are forty-five minutes of cardio, with a half-hour of stability training. On Wednesdays and Saturdays the classes consist of aerobic and strength training.

WEDNESDAY CLAY STUDIO

Jan Maria Chiappa: 884-3825

Wednesdays from 10 a.m. to 2:30 p.m.

Drop-In-Open Enrollment. Members' Single Session \$20, or 6 Session Card for \$100. Non-members' Single Session: \$28. Maximum: 8 students.

Try out that clay project you've wanted to do, have an experience with a grandchild in clay, see if ceramics is for you. Bring a bag lunch; beverages will be provided. Clay, tools and teaching support will be available. All skill levels are invited.

KARATE CLASSES FOR CHILDREN

Lini Lieberman-Erich: 785-2288

Tuesdays 4:15 – 5:15 p.m. Cost \$40 per month.

North Coast Martial Arts will be resuming Tang Soo Do Martial Arts classes for kids. These are on-going martial arts classes for children five years and up. Here they will learn discipline, respect, coordination, and gain self esteem. Call for more information.

TAI CHI YANG STYLE

Instructor: Linda Reno: 884-4715

Ongoing class every Thursday, 10 - 11 a.m.

Members: \$10 per class or purchase a 6 class card for \$50. Class size: 5 - 20 students.

Tai Chi is taught in comfortable clothing and socks or fabric soled tai chi shoes. Linda J. Reno is a certified teacher in Tai Chi and has taught for many years.

LIFE DRAWING

Tom Warnock: 785-3668

Wednesdays, 3 – 6 p.m.

At these informal sessions artists bring their own supplies, and a model is provided for a small fee.

Some Things Change, Some Things Stay the Same at Gualala Arts Library

Our library, in terms of its organization, has been much the same for many, many years. What has changed is the composition of our user population. People have moved in and, sadly, out of our community, and many additional community members have become new members of the Arts Center. For that reason, it is perhaps advisable to review some Gualala Arts Library basics.

Our collection primarily contains books related to art, in its many forms. These books, which reside in bookshelves that cling to the walls of the upstairs classroom in the Arts Center, are organized via the Dewey Decimal System. Multiple books with the same number are organized alphabetically within that number, using the author's or artist's last name. The numbers begin with the bookshelf next to the Sound Room door and are arranged clockwise around the room in ascending order. If you are looking for a book about a specific type of art, there is a list of art forms and the related Dewey Decimal number posted above the sign-out book. Additional information about how to best use the library is posted on the Sound Room door bulletin board.

In addition to the 700 series, the GAL also contains some pre-700 books. They are mostly gardening and cookbooks, a collection of all the books read by the GA Reader's Guild since its inception, a collection of books used by the GA Reader's Theater, a collection of art related videos, and, imbedded within the GAL collection at 746.46, are books purchased by the Pacific Piecemakers Quilt Guild.

As you enter the upstairs classroom at GAC, immediately on your right is a pedestal with a notebook. This notebook is a record of library usage, and we request that all users sign out the books they borrow and sign them back in when they are returned. If possible, we prefer that books be returned within a month, so that they are available for other GA members. When you return a book, you may place it back where it belongs in the bookcases or you may leave it on the shelf to your right that is marked as a repository for returned books. The library volunteers will gladly re-shelve them for you.

You will also notice two empty shelves marked for donated books. We gladly take donations of art books. We do not take magazines. If donated books are duplicates of books we already have or do not fit into our collection, we offer them to other libraries in the area, and if there are no takers, they will be offered to the public during GA's spring or fall recycled art and second hand sales.

The library volunteers are working to input our collection of almost 3,000 books into a computerized catalogue system. This project was begun by former librarian, Mary Sue Ittner. Once it is up and running, you will be able to search our collection on the library computer by title, author, or subject, to locate the book or topic you seek.

Stop by the library and check out these books!